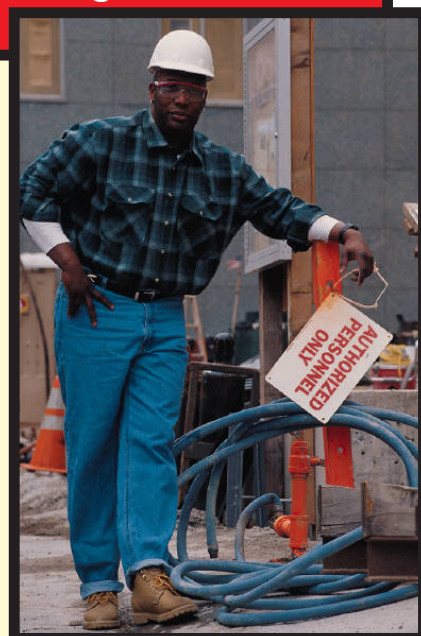


30-HOUR PROGRAM

Authorized OSHA General Industry Program

September 22-25, 2008



Presented by



HIGH
SAFETY
CONSULTING
SERVICES
LTD.

An Affiliate of High Industries Inc.

1853 William Penn Way
P.O. Box 10008
Lancaster, PA 17605-0008
(717) 209-4045
1-877-285-1129 (toll-free)
FAX (717) 293-4470
www.highsafety.com
E-mail: safetyinformation@high.net

Register On-Line:

www.highsafety.com



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Authorized OSHA General Industry Program

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High Corporate Offices
1853 William Penn Way
Lancaster, Pennsylvania

Up to Date on OSHA?

Forklifts, respirators, ladders, body fluids, railings, scaffolds-OSHA has regulations on just about everything in your workplace. Many of these regulations have changed in the last few years, and new interpretations of existing regulations are issued almost daily!

You need to understand these issues and how they affect your business. Between October 2006 and September 2007, OSHA issued 38,085 citations and proposed more than \$27 million in penalties in the manufacturing sector alone. Learn how to keep your organization out of these statistics.

Make the Wise Choice:

Our programs will bring you up to speed on the latest regulations while providing you with a review of existing requirements. Participants of this program will be fulfilling one of the mandates of the OSHA Act: "The Secretary of Labor shall make available training programs in the area of safety and health and the employer shall avail himself of this training." At the completion of the program, you will receive a course completion card from the OSHA Training Institute. We suggest the 30-hour course for those that desire a complete education on OSHA.

Our dynamic presentation style combines a wide variety of audio-visuals and "live" demonstrations, group activities, and humor. We actively involve participants as much as possible for an enjoyable learning experience--yes, even with OSHA as the topic!

Who Should Attend?

This course is excellent for the individual who is assuming the responsibility of starting or running a safety program. It is also ideal for those managers or vice presidents that have responsibility for the safety function under their reports. Industrial hygienists, safety directors and managers, occupational health care providers, environmental managers, lawyers and human resource professionals have all attended our programs in the past.

What Will We Cover?

Our agenda is determined largely by OSHA. However, we can add segments that are particularly important at the time of the course. A tentative schedule for the 30-hour program is listed on the right.

Our Iron-Clad Money-Back Guarantee:

If you are not completely satisfied with a High Safety Consulting Services' program, simply return your materials at the end of the day to an instructor and we'll refund your full registration amount!

Here's what participants have said about this course:

"Excellent. They made a course, which could have been very boring, enjoyable."

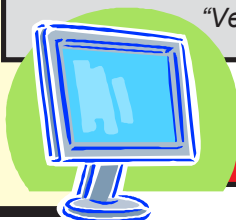
"Excellent. Fit my needs."

"I learned a lot, and had fun doing it."

"Very knowledgeable about the subjects; kept it interesting."

"The interactions with other members and instructors was a complete/real-world learning experience."

"Very knowledgeable, interesting and engaging speaker-kept attention well."



Register on-line at: www.highsafety.com

Every Participant Will:

- Receive comprehensive safety resources:
 - 29CFR 1910 OSHA Standard
 - Handouts relating to covered topics
 - Comprehensive guide, "What Every Supervisor Should Know About OSHA" (with over 500 pages)
- Understand some of the basic OSHA regulations and requirements in their workplace.
- Know how to handle an OSHA inspection.
- Be able to relay the information they learned to help his or her company understand these complex issues and train other employees.
- Know how to obtain additional help.

Your Instructors & Trainers:

Steven D. High, MS, CSP, ARM, EMT, is the President of High Safety Consulting Services Ltd. and lead trainer for these programs. He has been an OSHA Authorized Instructor for General Industry and Construction Safety Courses since 1990. Steve holds a BS in Business Administration from Elizabethtown College and an MS in Safety Sciences from the Indiana University of Pennsylvania. A Certified Safety Professional, Mr. High holds the Associate in Risk Management designation from the Insurance Institute of America.

Since 1989, Steve has held positions with High Industries Inc., including Safety Specialist and Corporate Manager of Safety, prior to starting the consultation affiliate, High Safety Consulting Services Ltd. He served in various positions with the Lancaster County Industrial Safety Council, including the Council's presidency in 1990. He is a member of the American Society of Safety Engineers (ASSE), and the American Industrial Hygiene Association (AIHA). He has also served on the Governor's Occupational Safety & Health Conference Advisory Committee, and is currently active on the WORKSAFE PA Advisory Board.

Fred Miller, CSP, is a Safety and Health Consultant with High Safety. A board certified safety professional, Fred offers over twenty-five years of safety and health experience to his clients. Prior to joining High Safety in 2007, Fred worked most recently as an independent consultant. He has also worked in the Pharmaceutical industry, advancing to the position of Director of Occupational Safety and Environmental Health. Fred is a certified instructor for first aid and CPR, an authorized OSHA instructor for general industry and construction, and is certified as an incident commander for hazardous materials incidents. Fred holds an Associates Degree of Applied Science in Occupational Safety and Health Technologies. He has studied Allied Health at Towson State, and is currently pursuing a BS degree in Occupational Safety and Health. Fred was recognized as the Safety Professional of the Year by the American Society of Safety Engineers' Chesapeake Chapter. He has served on the National Board for the ASSE and is currently the Finance Director for Region VI.

Lisa Bolin, BS, CIAQP, is a Safety and Health Consultant with High Safety Consulting Services. Lisa earned two BS degrees from Millersville University - Occupational Safety & Health Management and Biology. Lisa holds the designation of Certified Indoor Air Quality Professional (CIAQP) from the Association of Energy Engineers. She is a registered respiratory therapist and has worked in the healthcare field since 1986. Lisa has specialized training in Indoor Air Quality assessments and mold remediation. Prior to joining High Safety Consulting Services, Lisa was the Industrial Hygiene and Indoor Environment Quality Services Manager for another consulting firm. She is a member of the American Society of Safety Engineers (ASSE).

Schedule

30-Hour Program

September 22-25, 2008

High Corporate Offices
1853 William Penn Way
Lancaster, Pennsylvania

Sample Agenda

Day One (8:30-4:30)

Safety Management & Safety Programs
The Dollars & Sense of Safety
Introduction to the OSHA Act & Standards
Inspections, Citations and Penalties
Voluntary Protection Programs (VPP)
OSHA Recordkeeping Requirements

Day Two (8:30-4:30)

Introduction to Industrial Hygiene
Respiratory Protection
Confined Space Entry
Walking and Working Surfaces
Welding, Cutting and Brazing
Bloodborne Disease Hazards & First Aid Requirements

Day Three (8:30-4:30)

Material Handling - General
Material Handling - Forklifts
Hazardous Materials: Process Safety Management
Hazardous Materials: Bulk Storage Systems
Hazardous Materials: Flammables & Combustibles / Spray finishing
Hazardous Materials: Hazwoper
Hazardous Materials: Hazard Communication

Day Four (8:30-4:30)

Machine Guarding
Fire Protection & Egress
Manual Material Handling & Ergonomics
Electrical Safety
Lockout Tagout
Personal Protective Equipment
Discussion and Evaluations
Safety Jeopardy! (*Contestants will test their safety knowledge in this exciting game show.*)
Conclusion

REGISTRATION

EASY TO REGISTER!

On-Line: www.highsafety.com

Toll-free: 1-877-285-1129

Fax: (717) 293-4470

By mail:

High Safety Consulting Services Ltd.
1853 William Penn Way, P.O. Box 10008
Lancaster, PA 17605-0008

Note: All registrations must be paid in advance. Class sizes are limited to assure an effective instructor-to-participant ratio. Classes are filled on paid registration basis only.

Cancellation Policy: Course registration is filled on a first-paid basis. Your registration is not confirmed until payment is received. Payment must be made prior to the course date, unless other arrangements have been made. Refunds of paid registrations will be subject to a 25% processing fee (up to \$120). Cancellations and refunds of paid registrations within 10 days of the course date are subject to a 50% cancellation fee. No shows are ineligible for refund or credit.

Confirmation: Upon registration, you will receive a confirmation letter which will provide location details and course information.

Lodging: We have arranged for discounted room rates at the nearby Hampton Inn-Lancaster. Hotel information will be provided upon registration.

AUTHORIZED OSHA GENERAL INDUSTRY PROGRAM

30-HOUR PROGRAM

SEPTEMBER 22-25, 2008
Lancaster, PA

REGISTRATION: \$750*

** Includes morning coffee and pastry each day.*

Call for more information on our other programs and services.

FOR ADDITIONAL REGISTRATIONS, PHOTOCOPY THIS FORM.

Company Name: _____

Participant Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Telephone: _____ E-Mail: _____

Fax: _____

Do you have any special requirements of which we should be aware? _____

Check enclosed in the amount of \$ _____ Please send me an invoice.
(Payable to High Safety Consulting Services Ltd.)

The OSHA topic of greatest interest to me is _____.

We look forward to your participation in our OSHA adventure!

PRST STD
U.S. POSTAGE
PAID
SMOKETOWN, PA
PERMIT #02

1853 William Penn Way ■ P.O. Box 10008 ■ Lancaster, PA 17605-0008

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