

Heartsaver First Aid Sample Course Agenda

Introduction	8:00-8:15
First Aid Basics	8:15-8:45
Adult/Child Choking	8:45-8:50
Medical Emergencies	8:50-9:20
Break	9:20-9:35
Injury Emergencies	9:35-10:30
Environmental Emergencies	10:30-10:55
Lunch	10:55-11:35
Adult/Child CPR	11:35-12:45
Adult/Child Mask	12:45-12:55
Break	12:55-1:10
AED	1:10-2:00
Course Evaluation	2:00-2:15