

SAFETY / OSHA UPDATE

A Newsletter from High Safety Consulting Services, Ltd.

Information on Safety & Health in Your Workplace



Last Minute Opportunity...

If you have ever considered taking the **OSHA 510 - Occupational Safety and Health Standards for Construction** course... there is no time like the present! The OSHA 510 course is the prerequisite to the OSHA 500 - Outreach Trainer for Construction course. This four-day session is being offered next week, May 23 - 26, in Lancaster, PA. As part of this last minute opportunity, we are extending a special offer on this course only! Register now and receive a \$100 discount on the course registration fee. To register, [click here](#) and use coupon code **HM51011**.

Why should you attend?

According to the Bureau of Labor Statistics, construction continues to incur the most fatalities of any industry in the private sector, as it has for the past five years. Learn the 29 CFR 1926 standards, as well as the construction safety and health principles to help prevent injuries and fatalities.

What will you learn?

- Introduction to OSHA
- OSH Act
- Inspections
- Citations and Penalties
- Recordkeeping
- Safety Programs
- Fall Protection
- Electrical Safety
- Personal Protective Equipment
- Stairways and Ladders
- Scaffolds
- ...and more!

Where will the course be held?

This class will be held at our Corporate offices located in the Greenfield Corporate Center in Lancaster, PA. Our facility is located at 1853 William Penn Way, which is not far off of Route 30.

Registration details

The OSHA 510 course is scheduled from 8:30 AM to 4:30 PM on May 23 through May 26 in Lancaster, PA. To register, contact the Mid-Atlantic OSHA Training Institute toll-free at 1-877-700-6212 or [click here](#) to register online. Use coupon code **HM51011** to receive your \$100 discount.

A Second Chance

If you can't make the May sessions of the OSHA 510 class, you have a second chance! We are offering this course again from Monday, August 22 - Thursday, August 25, 2011. This session will also be in Lancaster, PA, but unfortunately, the special discount and coupon code are only good for next week's class.

[Click here to register for the OSHA 510 - Occupational Safety and Health Standards for Construction course!](#)

OSHA 500 - Outreach Trainer for Construction:

Where: High Safety Consulting's Lancaster office
1853 William Penn Way
Lancaster, PA 17601

When: Monday, July 18 through Thursday, July 21, 2011 (8:30 AM - 4:30 PM)
OR
Monday, September 12 through Thursday, September 15, 2011 (8:30 AM - 4:30 PM)

This course is designed for personnel in the private sector interested in teaching the 10- and 30-hour construction safety and health outreach program to their employees and other interested groups. Special emphasis is placed on those topics that are required in the 10- and 30-hour programs as well as on those that are the most hazardous, using OSHA standards as a guide. Course participants are briefed on effective instructional approaches and the effective use of visual aids and handouts. This course allows the student to become a trainer in the Outreach Program and to conduct both a 10- and 30-hour construction safety and health course and to issue cards to participants verifying course completion.

Prerequisites

Course #510 and five years of construction safety experience. A college degree in occupational safety and health, a Certified Safety Professional (CSP), or Certified Industrial Hygienist (CIH) designation, in the applicable training area may be substituted for two years of experience.

Special Note

Students in Course #500 who wish to participate as authorized trainers in the Outreach Program must successfully pass a written exam at the end of the course. Outreach trainers are required to attend Course #502 at least once every four years to maintain their trainer status.

[Click here to register for the OSHA 500 - Outreach Trainer for Construction course!](#)

OSHA 502 - Update to the Outreach Trainer for Construction Course

Where: High Safety Consulting's Lancaster office
1853 William Penn Way
Lancaster, PA 17601

When: Monday, August 1 through Wednesday, August 3, 2011 (8:30 AM - 4:30 PM)

This course is designed for private sector personnel who have completed course #500 Trainer Course in Occupational Safety and Health Standards for Construction and who are active trainers in the outreach program. It provides an update on OSHA construction standards and OSHA policies.

Course Requirements

This course requires successful completion of the OSHA 500 course. Please note that outreach trainers are required to attend this course once every four years to maintain their trainer status. Students must present their current trainer's card for validation.

[Click here to register for the OSHA 502 - Update to the Outreach Trainer for Construction course!](#)

First Aid / CPR / AED

Where: High Safety Consulting's Lancaster office
1853 William Penn Way
Lancaster, PA 17601

When: Friday, August 19, 2011 (8:00 AM - 3:00 PM)

This program meets OSHA requirements for having a first-aid trained person at every workplace (29 CFR 1910.151). This program covers adult CPR, AEDs and the basics of what to do in a medical emergency. Course cards are good for 2 years. Wear comfortable clothing - we will be working on the floor!

[Click here to register for the American Heart Association First Aid / CPR / AED course!](#)

NOTE: All of our prior newsletters are archived on our website under the "Contact Us" Tab