

SAFETY / OSHA UPDATE

A Newsletter from High Safety Consulting Services, Ltd.

Information on Safety & Health in Your Workplace



Great Training Opportunity...

If you have ever considered taking the **OSHA 511 - Occupational Safety and Health Standards for General Industry** course... there is no time like the present! The OSHA 511 course is the prerequisite to the OSHA 501 - Outreach Trainer for General Industry course. This four-day session is being offered October 17 - 20, in Lancaster, PA.

Why should you attend?

Learn the 29 CFR 1910 standards, as well as the general industry safety and health principles to help prevent injuries and fatalities. In other words, keep your employees safe!

What will you learn?

- Introduction to OSHA (including the OSH Act, Citations and Penalties, and Recordkeeping)
- Managing Safety & Health Programs (including Injury and Illness Prevention Programs (I2P2), job site inspections, accident prevention programs, management commitment and employee involvement, worksite analysis, hazard prevention and control, accident investigations, how to conduct safety meetings, and supervisory communication)
- Walking & Working Surfaces (including Fall Protection)
- Exit Routes, Emergency Action Plans, Fire Prevention Plans & Fire Protection
- Electrical Safety
- Personal Protective Equipment
- Material Handling
- Hazard Communication
- ...and more!

Where will the course be held?

This class will be held at our Corporate offices located in the Greenfield Corporate Center in Lancaster, PA. Our facility is located at 1853 William Penn Way, which is not far off of Route 30.

Registration details

The OSHA 511 course is scheduled from 8:30 AM to 4:30 PM on October 17 through October 20, in Lancaster, PA. To register, contact the Mid-Atlantic OSHA Training Institute toll-free at 1-877-700-6212 or [click here](#) to register online.

[Click here to register for the OSHA 511 - Occupational Safety and Health Standards for General Industry course!](#)

OSHA 501 - Outreach Trainer for General Industry:

Where: High Safety Consulting's Lancaster office
1853 William Penn Way
Lancaster, PA 17601

When: Monday, November 28 through Thursday, December 1, 2011 (8:30 AM - 4:30 PM)

This course is designed for personnel in the private sector interested in teaching the 10- and 30-hour general industry safety and health outreach program to their employees and other interested groups. Special emphasis is placed on those topics that are required in the 10- and 30-hour programs as well as on those that are the most hazardous, using OSHA standards as a guide. Course participants are briefed on effective instructional approaches and the effective use of visual aids and handouts. This course allows the student to become a trainer in the Outreach Program and to conduct both 10- and 30-hour general industry safety and health courses and to issue cards to participants verifying course completion.

Prerequisites

Course #511 and five years of general industry safety experience. A college degree in occupational safety and health, a Certified Safety Professional (CSP), or Certified Industrial Hygienist (CIH) designation, in the applicable training area may be substituted for two years of experience.

Special Note

Students in Course #501 who wish to participate as authorized trainers in the Outreach Program must successfully pass a written exam at the end of the course. Outreach trainers are required to attend Course #503 at least once every four years to maintain their trainer status.

[Click here to register for the OSHA 501 - Outreach Trainer for General Industry course!](#)

First Aid / CPR / AED

Where: High Safety Consulting's Lancaster office
1853 William Penn Way
Lancaster, PA 17601

When: Thursday, December 8, 2011 (8:00 AM - 3:00 PM)

This program meets OSHA requirements for having a first-aid trained person at every workplace (29 CFR 1910.151). This program covers adult CPR, AEDs and the basics of what to do in a medical emergency. Course cards are good for 2 years. Wear comfortable clothing - we will be working on the floor!

[Click here to register for the American Heart Association First Aid / CPR / AED course!](#)

NOTE: All of our prior newsletters are archived on our website under the "Contact Us" Tab